



## DATES TO REMEMBER: March

- Tuesday 3rd**  
Youth State Conference - Leadership students to attend
- Friday 6th**  
Curtin AHEAD Yr 11 ATAR Preparation
- Wednesday 11th**  
Parent Night  
Disability Awareness Day  
KIC Youth Awards
- Friday 13th**  
Curtin AHEAD Yr 12 ATAR Preparation
- Monday 16th**  
Interschool Swimming Carnival
- Wednesday 18th**  
Curtin AHEAD Yr 11 Campus Visit
- Friday 20th**  
National Day of Action Against Bullying and Violence
- Monday 30th - April 1st**  
Year 8 Camp
- Tuesday 31st**  
Yr 11/12 Dance & Drama Night

## April

- Thursday 2nd - Friday 3rd**  
School Photos
- Tuesday 7th**  
School Photo Catch-Up Day
- Thursday 9th**  
ANZAC Ceremony  
End of Term 1

## Year 7 Journey to High School

Our Year 7's have been hard at work transitioning from Junior School to High School as they navigate the grounds, make new friends, meet their teachers and tackle new subjects. They have been settling in well. You can find mini interviews and more photos on page 6.



# PRINCIPALS MESSAGE



Welcome back to everyone, and a special welcome to all our new families who started the Warnbro Community High School journey on Monday, February 3rd. I hope you all had a relaxing break over the Christmas period and were able to find time to catch up with family and friends.

The first few weeks of each year are usually quite hectic and this term has not disappointed. We have welcomed 946 students and over 100 staff, including 15 new staff members and many new families; conducted new enrolments and orientations; successfully implemented the 2020 Student Mobile Phone Policy across both WCHS and WCHS ESC; Managed the coronavirus updates; ensured school facilities and resources were ready for day 1; completed a Year 7 Orientation Program with 197 students and 27 staff; and completed two Staff Development Days, which included a presentation by the Fogarty EDvance team that our school works with and prepared for the roll out of two school surveys.

I have been very happy with how staff and students have settled into 2020. We are looking neat and tidy with the vast majority of our students in complete school uniform, arriving on time and ready for their learning. Remember that we are here to help and support. If you need anything, so that your child is ready for learning, please do not hesitate to contact us: phone the school Administration or Student Services, school email address, Connect or face to face. If we don't know your needs, we can't help or provide the right support.

We welcomed our Year 7 parents to an informal morning tea on Wednesday, February 19th. It was a pleasure to connect with both new and returning parents as they start their high school journey with their children.

Our school surveys are about to take place. One is specifically designed for students and parents and is called the *Tell Them From Me* survey (TTFM). Our students complete the survey in class and parents are able to access the survey from the Links section in the Warnbro Community High School Space on Connect. The more feedback we receive the better. Your feedback enables us to improve what we are doing and ensure that we are putting the right amount of effort and energy into the right areas. I encourage you to please complete the TTFM survey over the next few weeks.

In term 4 of last year we had the ABC come out and interview some of our students. They were focussed on presenting a social media story on young people and their perception of careers. We were notified earlier this term that the video would be going out on the ABC News Instagram page. If you haven't had the opportunity to see the video, you can find it at:

<https://www.instagram.com/tv/B8ukdBGJfRT/>

The journalist said he was very pleased with the end result. Thank you to Mrs Wetton, Mr Kidney and the team for organising this event and showcasing our students.

One of our priorities in our 2018-2020 Business Plan is Teaching and Learning, and later in the year we are looking forward to having Professor Dylan Wiliam present at our school. He is a well-known British educationalist and Emeritus Professor of Educational Assessment at the UCL Institute of Education. He is particularly well known for his work regarding Formative Assessment. Dylan will be spending a day work-shopping with our staff to improve their practices.

The School Board met for the first time this year on Tuesday, February 18th. We meet 6 times a year on a Tuesday starting at 4:30pm. The Board has a couple of vacancies for parents, as a few retired at the end of 2019. If you would like to nominate for a position on the WCHS School Board, please contact Kate Stanford. It would be wonderful to welcome some new additions to our Board!

I would like to thank our families for their support with the implementation of the new Student Mobile Phone Policy. The policy has certainly impacted on all government schools across the state. I have been very pleased with the roll out and the response from families. I asked our teachers for some feedback and have included a couple of comments below to provide a snapshot:

*"I have certainly noticed a difference in our learning area. There seems to be a calm that was not previously present. Students seem more engaged in class and, so far, their all-round attitude and behaviour seems to be much better. I believe that the teachers feel more empowered and positive."*

*"So far, I have noticed a dramatic change in Year 11/12 classes in terms of social interaction with each other as well as the increased engagement of the lessons themselves."*

*"So far, attention is vastly improved; the difference is like night and day. Students are much less distracted and off-task behaviour has decreased. Very happy with the policy so far."*

We have a few events in the next few weeks, including the ANZAC day celebration and the Parent Report Night. I look forward to catching up with you all and getting to know our new families and reconnecting with our continuing families.

I wish you all the best for 2020.  
Cindy Kerr.

# MEET OUR EXECUTIVE TEAM

## CAROL DURANT



Hi there, my name is Carol Durant. I'm the Manager of Corporate Service, and my role in the school is to manage finances, physical resources and human resources. I work with very dedicated corporate service staff that work in support roles within the school including front office administration and student services, cleaning, grounds, laboratory, home economics, library, defence, workplace transition and education assistants.

Welcome to 2020! The year has started with a face-lift of our Science classrooms. All classrooms were painted; five rooms (the oldest of them all) had their benches replaced, and all classes now have short-throw projectors improving the technology with Apple TVs and better connections. Our Robotics room has had new carpet laid and, over the next six months, we will improve the data capability of this room with additional data points.

Another area that received a face-lift was the Sanbrook Theatre, with its walls painted black in order to facilitate a more professional atmosphere for performances, and we are also increasing their storage capacity with remodeling of the prop storeroom.

Our LINCS classes have moved to another area of the school as the program grows. I have been working with Michelle Robinson, who assists with facility management, on preparing rooms with new TV, Projectors, Whiteboards and Pinup boards.

LINCS was not the only area to move, as we have created a Wellness Hub. This is a building/area that houses Student Support Staff such as our AIEO, Attendance Officer, Chaplain, Defence Officer, School Psychologist and Primary to Year 7 Transition Officer. We have moved offices and furniture, as well as upgraded computer cabling and phone lines. Included in the area is a meeting room for our external partnerships to meet and run activities for our students.

With technology, the school is moving to use Notebooks instead of MacBooks, with HaSS and English now using Notebooks as of Term 4, 2019. By the end of first term Science, Maths and LINCS will also be using Notebooks.

I look forward to keeping you updated throughout the year.

## CRAIG CHADWICK



Hi, my name is Craig Chadwick. My current role is Senior School Associate Principal, but I have been teaching for 35 years, so I have a variety of experiences under my belt.

I started out at Willetton SHS and Armadale SHS in the late 80's and then moved to Warburton in the Aboriginal Lands for two years. After that, I moved to Albany SHS and then John Forrest SHS in Morley. In 1998, I made the move back to the country to take on a role as the Deputy Principal at Morawa Agricultural College and stayed there for 15 years as both Deputy and then Principal for 8 years. In 2012, I made the move back to the city at Roleystone District High School and then came to Warnbro at the start of 2013.

My background is that of a Technologies and Enterprise teacher, having taught across most areas in the Technologies Learning Area.

In my current role, I look after the needs of our Senior School students with a fantastic team of people. I am also responsible for the timetabling of classes and staffing of the school with teachers. Because of my background in Technologies and my experiences in my working life I am also responsible for VET in Schools. This means keeping a close eye of the certificate courses offered and the qualifications of the staff delivering these courses. Compliance is always at the forefront of these VET courses.

In 2019 we made significant changes to this area and I will be watching closely in 2020 and beyond to make sure that we made the right choices!



# MEET OUR EXECUTIVE TEAM CONTINUED

## DEBRA BRIGHT



My name is Debra Bright, and I have been at Warnbro Community High School in the role of Associate Principal since 2017. In a past life, I was a teacher at the school in its inaugural years teaching English, The Arts and even a bit of mechatronics! I have five children of my own; my eldest finished Year 12 at the end of 2019 and my youngest is in Year 3, so I still have many years as a parent in a school ahead of me. It is always amazing meeting new parents for the first time and realising that they are ex-students to the school! One of the most rewarding things about being a teacher is being a part of the journey of young people as they mature through high school... to see them as young parents takes it to another level.

My current role at the school involves overseeing the Year 8 and 9 student cohorts with the Student Services team and developing the Teaching and Learning across the school. This term we are focusing on developing the vocabulary for our students, with a particular focus on Year 7. Research shows that students who have a developed and varied vocabulary are able to interpret a wide range of texts – it's the reason why we are always encouraging students to read for pleasure.

In high school, where subjects become more specialised, it is important the students continue to develop a rich vocabulary in order to build their writing skills from. All Year 7 students will receive explicit vocabulary instruction across all learning areas. Feel free to ask your Year 7 child some of the words they have learnt this week!

## KELLY WETTON



My name is Kelly Wetton, and I have been an Associate Principal at Warnbro Community High School since 2019. I began teaching at WCHS in 2001 as a Health and Physical Education Teacher. I also taught Maths, moved into the area of Student Services as a Year Coordinator and then as a Student Services Manager for five years. I love working at Warnbro, which is why I have been here for nearly 20 years. It has a sense of community with great students, families and staff.

I have 2 daughters, a nearly 2 year old and just turned 3 year old, so I am at the start of the motherhood journey and life is hectic with 2 toddlers! I love getting outdoors and spent my maternity leave travelling Australia in a caravan.

My current role includes managing Student Services, looking after the Year 7 cohort and our Primary School Transition program. I am working closely with the diverse Student Services Team to ensure we have a positive school culture and effective case management processes. High School can be an overwhelming place so it is my role to ensure we support all students.

I am looking forward to working with the Year 7's in their first year of high school, in 2020 we have put some new structures in place to ease them into the life of high school.



# YEAR 7 TRANSITION

Please turn over the page for student interviews on -

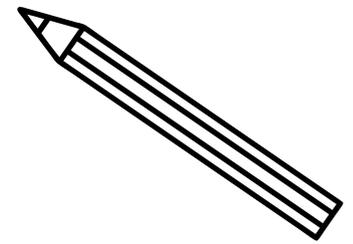
SOMETHING I LIKED

LOOKING FORWARD TO

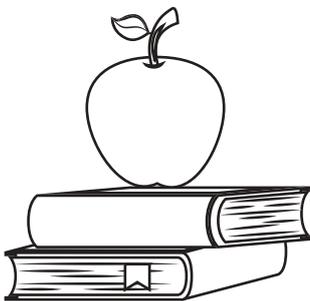
QUESTIONS



## SOMETHING I LIKED!



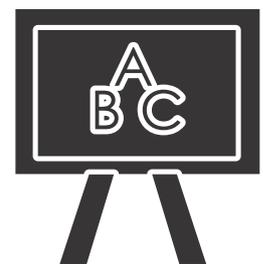
- Art!
- Everything!
- Meeting everyone!
- The awesome classes!
- The school in all forms!
- Seeing friends and making new ones!
- Getting to know people!
- The end of the day!
- Meeting the teacher!
- Getting to know people!
- Science and English!
- Being able to locate classes easily
- The transitions
- Recess
- The layout of the school
- How nice the teachers are
- A fresh start!



## LOOKING FORWARD TO!

- The rest of the year!
- Adventure Recreation!
- Art!
- The classes and teachers I haven't met!
- Visual Arts and HASS!
- Sport!
- Catching a Bus!
- Being independent!
- The Creative Arts Specialist Program!
- The experience of High School!
- Metalwork
- Science!
- Learning in class!
- Woodwork!
- Making new friends!
- Having fun!
- The experience!
- Warnbro Day!
- Becoming a Year 12!
- Chemical Mixing!

## QUESTIONS?



- How do I use the complicated parts of the diary?
- Where is the Canteen?
- How many teachers, classes and students are here?
- Where are the lessons?
- Where do I store my Fleet Points?
- Can I use my laptop at Recess?
- What can we do during recess and lunch?
- Why do they change how the school works?
- Why can't things stay the same?
- Do we stay with the people in our class for the rest of the term?
- When will my exams be?

# In The Classroom



Our Year 7 Science students have started this term by exploring the equipment that they will be using over the course of their schooling.

Here they are drawing them up scientifically.



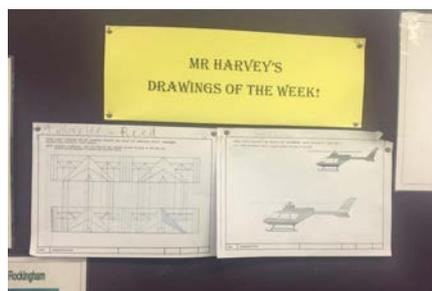
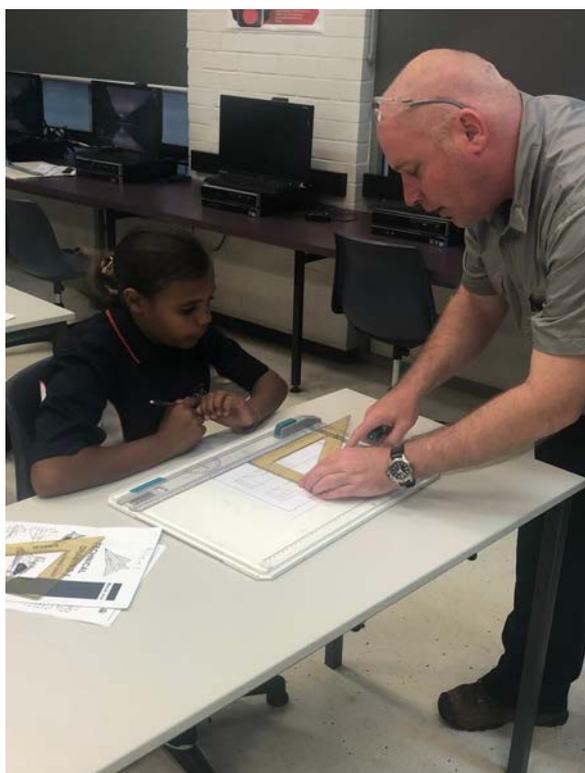
Our Year 8 Science Class students have been making slime to observe its physical properties and decide whether it is a solid or a liquid.



# In The Classroom Continued -

In Year 7 English, all students get to spend ten minutes silent reading at the start of the lesson.

By making regular library visits, the class is able to update their books.



In one of our Year 7 Technical Graphics classes, students are getting themselves familiar with using drawing boards, T squares and set squares to draw what will eventually be engineering drawings.

This is all done on a computer in the industry, but old fashioned pencils and rulers are a much easier way to learn the basics.

Our Year 7 Students have participated in a muster to meet their fellow classmates, learn about their fleet factions and engage in team-building exercises, all in preparation for the swimming carnival.

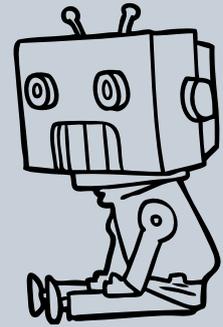
Here they have dressed their teachers Mr Bilich, in green, for Collins; Mr Snow, in blue, for Stirling; Ms Harkin, in yellow, for Darwin; and Miss Henry, in red, for ANZAC.



# ROBOTICS

Our Year 8 students have been working on their skills in robotics and coding. During their first lesson, they made paper pathways for future robots and wrote out codes to ensure the machine could complete the task.

In week 2, students worked in groups of four to build and use a robotic ball machine. This gave students practice following instructions, connecting wires and small parts, and team-work skills.



Year 8 HaSS students have been exploring life under the feudal system of medieval times. Using costume, comedy and humour, they have gained an enriched understanding of what life was like for people who lived under the King's rule. Here the students have dressed up as a king, princess, monk and knights!

Please turn the page for two short stories exploring the lives of those living in medieval times.



# A Day Under The King's Rule



One day Henry Downfall woke up and put on his dirty, ragged clothes; once again he was in a bad mood, as he got minimum wage from the King. He had to go to work, but someone knocked at the door. It was a knight! Henry was terrified; he had thought he had done something wrong, and the knight said that Henry left work yesterday without permission. Even though he clearly remembered asking for permission, he knew that if he refused he would receive a worse punishment, so he gave in and let the knight take him to the castle. Henry was one of the most well known peasants and did the most work out of them all. He was taken to the lord and was given a week without shelter as his punishment.

*By: Jack, Rayne and Liam*



Hello, my name is Scott, I live in a grand white palace painted with the cross of Christ resembling my great value for our lord and savior Jesus Christ. I live in golden walls gifted to me by God, and I look down on those that God sees as extras. I'm boldly dressed in long silks, coloured in sky blue and rich gold. My curly grey hair shows my age like a mirror reflects an image. Although I'd rather keep it all to myself, I'm obliged to give land and privileges to others. I'm provided with knights that fight and win many wars for me. I usually have the support of the poor, making many more loyal to me and allowing my army to become stronger. I have my supporters, although many peasants give me unpleasant looks as I pass. My light is too strong for their will.

*By: Michelle, Pheobe, Shenae and Kaylee*





Our Year 9 and 10 CASP Performance students have been experimenting in Drama workshops using stylised movement, levels and choral speaking techniques to create performances. They are working towards devising a performance using a poem titled '*Brave but Scared*'. Students are also utilising skills learned in their CASP Camp 2019 workshops to enhance their performances and continually challenge their creative abilities. Keep an eye out for our public performances!



Our Year 9 students are currently studying Jazz in Dance and have picked up the style very quickly! Their enthusiasm has been contagious and a great team environment has been established. We cannot wait to see the Year 9 Dance students perform a Jazz routine later in the Semester.





Our year 12 Certificate 2 photography students are currently working with composition and lighting to create still life art images.



# ARTS



The Arts have hit the ground running in preparation for the Year 11 and 12 Drama and Dance Night, which will be held on Tuesday 31st March, Week 9. This week, students have been studying publicity and costuming in preparation for their publicity shoots to create promotional material for the night. We look forward to seeing our WCHS community at the event with TryBooking details to be released shortly!



# A DOLL'S HOUSE

BY HENRIK IBSEN

EXTRACT PERFORMED BY WCHS  
YEAR 12 GENERAL DRAMA STUDENTS

TUESDAY MARCH 31ST  
SANBROOK THEATRE  
6PM

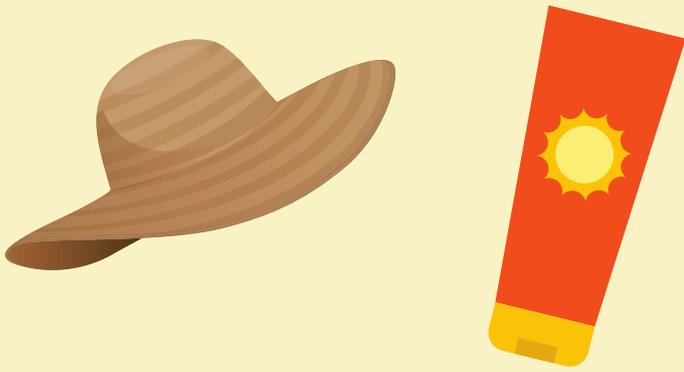


# Sun Safety!



Australia has one of the highest rates of skin cancer in the world, and most skin cancers are caused by the harmful UV radiation in sunlight. At Warnbro Community High School, we want to encourage all of our students and staff to practice sun safety when they are out and about. This means wearing protective clothing, hats and sunscreen during high risk times, such as recess and lunch, sports classes, carnivals, excursions and camps. Our sports teachers always have sunscreen available for students to use during PE classes, and our duty teachers have been modelling sun safety by rocking their hats at recess and lunch.

Check out Miss Dagnall and two of our fantastic Year 11 students, Riley and Madison, showing our new Year 7's how it's done!



Our Year 12 Students have been completing their **Tell Them From Me (TTFM)** surveys in class as part of a whole school initiative to gain feedback from students, teachers and parents. The results gained from these surveys helps the school improve its practices and locate areas of improvement.

Did you know that parents can complete the surveys, too? A parent version of the TTFM can be found by going to the school space Connect page and clicking the 'Tell Them From Me' survey link. We're seeking as much feedback as possible and urge you to please complete the survey where possible. Your feedback is important to us.



## Year 7 Morning Tea

On the 19th of February, we welcomed our Year 7 parents to an informal morning tea where they met the Student Services team, learned of their roles and responsibilities in the school and had a chat about current and upcoming plans for the students.

The response from one student to their mum was that coming to WCHS was *"the best thing ever!"*.



# Industry Links News

Industry Links is a school based program combining WACE subjects, vocational training and on the job work experience. Our students are highly motivated individuals who can excel in school, at TAFE and in the work place. Industry Links students are positive role models who exhibit high level communication skills and maturity; they are able to collaborate with host employers and staff alike.

The start of this year sees us with 4 classes consisting of 2 year 12 classes and 2 year 11 classes. Students this year are pursuing career training in many different areas of the workforce.

Congratulations to the 46 year 11's and 24 Year 12's who have accepted a place or continuing TAFE for 2020. We are excited to join you in this new journey of study and will keep the Warnbro Community High School community updated with your achievements through the year.



This year we are proud to have 4 students representing Warnbro in the scholarship program with Masters Plumbing Association supported by CTF (Construction Training Fund) Congratulations to Brody, Bradleigh, Brett and Kyle! We are looking forward to watching these students develop and network with in the industry.

Congratulations to Mitchell, Ashton and Patrick who have been accepted to study Certificate II in Process Plant Operations offered at Gilmore College. The centre, which includes a plant simulation laboratory, chemistry laboratory and workshop, is the only facility outside of university and TAFE catering to the industrial sector. Working in partnership with the Australian Centre for Energy and Process Training in Henderson, Quadrant Energy, safety and emergency training specialists ERGT, Kleenheat and Chevron, the program prepares students for employment or further training. The students have options to go straight into the industry as apprentices or trainees or they can take the university pathway and go on to study chemical engineering.



School-based apprenticeships and traineeships are certificate II and III programs approved by industries to kick-start your career. They give school students who are generally at least 15 years of age the opportunity to start a traineeship or an apprenticeship as part of their school program. Zoe has been accepted to Study Certificate III in Business with the Kwinana Industries Council (KIC). The traineeships will provide an opportunity for students to develop important business skills while enjoying a more hands-on and practical approach to learning.

To apply for this opportunity students needed to provide the following:

- Letter of application
- Current resume
- Latest school report, OLN results and attendance rate.

# Industry Links News Continued

Students were shortlisted for an interview. Successful students must be available to attend a program induction at the KIC offices prior to commencement of the traineeship.



The end of 2019 saw 5 of our Year 11's leaving the Industry Links program, continuing in the path they have set for their future. Dylan and Kaylan have full time apprenticeships; Shaun Phillips has full time employment with Reece Group after studying for 18 months in their traineeship program; Miquela has a full time traineeship in childcare; and Bree Saunders was accepted into full time TAFE after completing her Certificate II Auto Vocational Preparation. We are extremely proud of the following students for reaching their goals and following their dreams!

## PROUD TO BE INDIGENOUS

### Moorditj Yorga

Our Indigenous Girls group "Moorditj Yorga's" will be commencing in Week 4. Parent notices will be sent home in Week 3. The *Moorditj Yorga's* program aims to build self-esteem and confidence in young Aboriginal and Torres Strait Islander girls. By building respectful relationships and learning about women's health, healthy nutrition and other culturally appropriate topics, we hope to create a positive, fun and caring environment.

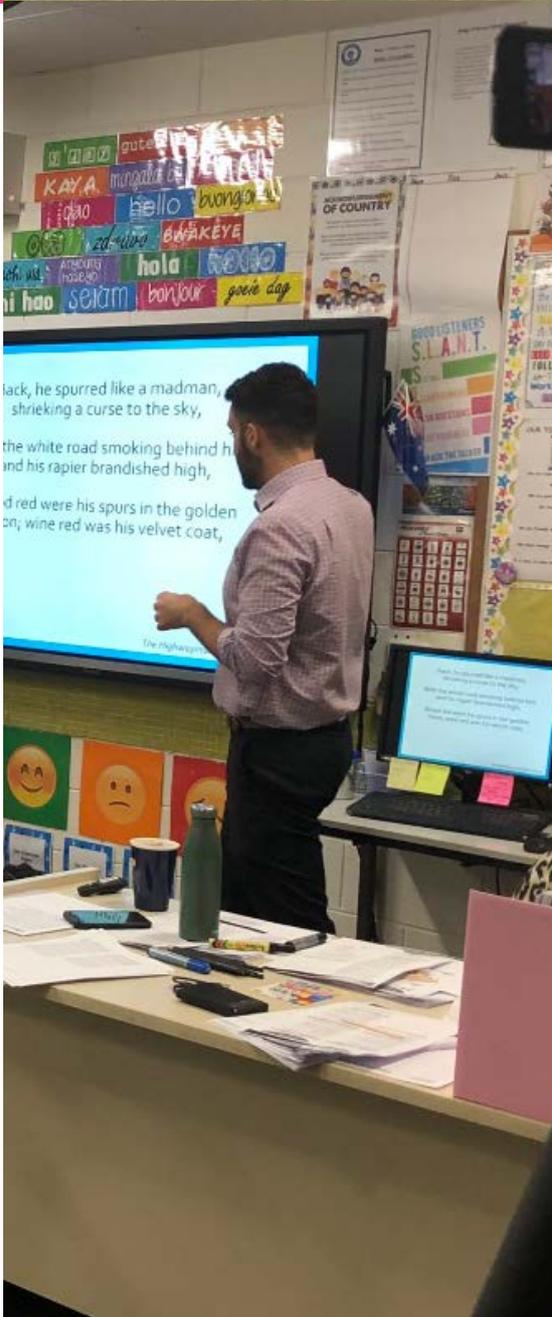
### Deadly Marmun

Our Indigenous Boys Group "Deadly Marmun's" will be commencing in Week 4. Parent notices will be sent home in Week 3. The *Deadly Marmun's* program aims to empower young Aboriginal and Torres Strait Islander boys to lead an active, healthy lifestyle. By building respectful relationships and learning, we are able to encourage the students to make responsible choices in and out of school.



# SHARE THE Dignity

A joint operation by Carol Durant, Michelle Robinson, Sarah Davies and Chrissie Stonessmith, partnered with the charity **Share The Dignity**, have installed a #Pinkbox Dignity Vending Machine that provides sanitary products (six tampons and two pads) for students at the school free of charge. The Dignity Box can be found in the Student Well-being Hub, Second Door, and is free to access by any student in need. No child should have to miss school because they cannot obtain sanitary items. Thank you ladies!



In the summer holidays, Balga Primary School hosted a week-long explicit direct instruction (EDI) teaching intensive run by the Fogarty EDvance team and presented by Dr Lorraine Hammond. We (Jess Favazzo and Josh Palmer) attended the program with 65 other teachers from Early Childhood Education and primary schools across WA. Two teachers from Balga and 25 local students welcomed us into their classrooms to show off their very impressive EDI skills.

On the first two days we were able to observe literacy and numeracy lessons run in a high energy style, typical of the approach we have begun to implement in our LINCS classes. We were so impressed by the way in which the Balga teachers took their classes through fast-paced, highly engaging lessons that ensured all students were checked for understanding and were explicitly taught the concept before moving on.

On the third day we were given the opportunity to practice our skills in TAPPLE and teach the class ourselves. We received constructive feedback from the expert teachers that helped us when teaching again on the fifth day. By the end of the week we felt ready to take on the new year and implement these strategies into LINCS. Already we are seeing success in our classes by using the TAPPLE approach with whiteboard questioning, pop-sticks and attention signals with our LINCS 7s, 8s and 9s.



# St Mary's Outreach Service

For the last three terms, St Mary's Outreach Service (SMOS) has been donating food and stationary supplies to our breakfast club. SMOS is a non-profit charity, primarily aimed at helping the marginalised, less fortunate, disadvantaged and needy in society. Their generous donations have been greatly appreciated by the students. We thank them for their ongoing support!



## Year 7 Adventure Recreation



The year 7 Adventure Recreation students have settled in smoothly and have completed a series of challenges that test the mind, body and their teamwork skills. Students have quickly developed positive relationships and are working together to solve all problems thrown their way. Next up, learning to navigate using a compass!



# Student Council 2020

## Health and Wellbeing

Led by Callum, Ethan and Kiara, The Health and Wellbeing group is working with Act Belong Commit and the Leukemia Foundation this year. They are working towards raising money and awareness for Bullying No Way, The Greatest Shave, and helping students find a good source for help and guidance. Throughout this year, The Health and Wellbeing group will be running many great function with The Greatest Shave, National Day of Action Against Bullying and Violence and proposing health and wellbeing ideas to the executive committee.



## Advocacy Group

Led by Abbey and Martin, the advocacy group is focusing on helping support systems grow throughout the school and Warnbro community. Working with The City of Rockingham and The Department of Communities, they are helping raise awareness for disability, homelessness and helping students voice their opinions in advocacy. Proposing ideas to help the community and spreading awareness about support systems to students makes this group dedicated and passionate.



## Environmental And Sustainability

Led by Levi and Dakota, the Environmental Sustainability group is focusing on working with sustainable officers from The City of Rockingham and Rangers services. This year the group will be running proposals for more efficient ways to waste and recycle throughout the school and community and help voice the opinions of students with ideas and thoughts about the environmental situations they are in. The group also focuses on helping fauna in need of support and habitats; for example, long neck turtles and fauna affected by the bush fires.



## Sports Leadership

Led by Marcus, the Sports Leadership group is focusing on working with a sport and recreation coordinator from The City of Rockingham and Your Move Schools with Department of Transport. The group focuses on proposing sports activities and sharing the student's voices on sports and recreational activities. The Sports Leadership group will be running Ride 2 School Day, Healthy Breakfast and many more.



# The Health & Wellbeing Student Council is Proud to Support

Leukaemia Foundation

**WORLD'S  
GREATEST  
SHAVE**



Another year, another great reason to raise money, the 2020 Student Council Group is taking on The World's Greatest Shave to help raise money and awareness for blood cancer! The World's Greatest Shave focuses on raising money and awareness to help the individuals diagnosed with leukemia, lymphoma and melanoma every year. Around 35 Australians are diagnosed every day so now is our chance to help those with as much support as we can.

Here's a quick go to guide as to how you can help!

- Go to <https://worldsgreatestshave.com/> and click on the sign up button
- . Select join a team.
  - . Fill out the information needed, agree to the terms and conditions then click sign up.
  - . From there you can set your personal goal amount you would like to raise and a date you would like to raise that amount by.
  - . Share your fundraiser on social media to earn some donations and the rest is easy!



**BAM!**



Through shaving hair, coloring hair or even giving those beards the long needed shave they desire, there's countless ways to raise money this year. The proceeds from the shaves, colours and in-between will go to the leukemia foundation. Sign up today at

<https://worldsgreatestshave.com/> or to find more information about this amazing event. So come on don't be shy, be brave and shave this March!

**DOW!**

## Grounding Exercise

.....  
*Centre yourself to the present moment by bringing awareness to your senses. This is an effective strategy to reduce distress, calm the senses and ground yourself to your body and environment.*  
.....

Look around you. Identify + name:

**5 things you see**

**4 things you feel**

**3 things you hear**

**2 things you smell**

**1 thing you taste**



## BE AN EARLY BIRD



### Secondary Assistance Allowance

It is not too late to apply - Applications close Thursday, 9 April 2020.

The Western Australian Department of Education provides an allowance to assist eligible families with secondary schooling costs. Application can be made through the school. To be eligible you will need to hold a current Health Care Card, Pension Concession Card or Veteran's Affairs Card. For each child you will receive \$235.00 paid to the school to pay for Contribution and Charges. An additional \$115.00 is paid directly to you as the parent/guardian, unless you indicate that you would like to use this to pay Charges.

For further information or assistance, please contact Kierah on 9553 0117 or Amanda on 9553 0146

### Contribution & Charges

#### A Big Thank You!

To all our parents that have paid their child's Compulsory Charges and Voluntary Contributions in full. You are now in our EARLY BIRD DRAW with a chance to have these Charges and Contributions fully refunded to you. We have three draws to make this year so three chances to win.

An opportunity to be in this draw is still available. All that is required is that payment is made in full by the end of Term 1. This includes entering into a periodical payment arrangement with the school and/or applying for Secondary Assistance Allowance with the balance paid in full. For further information or assistance, please contact Kierah on 9553 0117 or Amanda on 9553 0146.

# PUBLIC ACTIVITIES AND OPPORTUNITIES

## 2020 Rockingham Community Breakfast Ride

Long Point, Port Kennedy  
Port Kennedy Boat Ramp

**Free Breakfast**



**Sunday 22 March 2020**  
Free Registration | 8.30am (check-in from 8am)

**Three distances**

- 5km (smooth and easy)
- 11km (challenge yourself)
- 19km (new challenge)

Join in a family friendly bike ride then enjoy a delicious free breakfast and activities including:

- Bouncy castle
- Face painting
- Bike maintenance checks and more

**Registrations Essential - No Cost**  
Register at [rockingham.wa.gov.au/cycling](http://rockingham.wa.gov.au/cycling) before Friday 20 March.  
Contact the City of Rockingham on 9528 0333 or visit [rockingham.wa.gov.au/cycling](http://rockingham.wa.gov.au/cycling) for more information.



## NIGHTFIELDS



### ROCKINGHAM NIGHTFIELDS

**WHERE:** Anniversary Park, Council Ave Rockingham  
**WHO:** Boys and girls aged from 12 – 18, (split into groups)  
**WHEN:** Thursday afternoons, 3.30pm – 5.30pm  
**SPORTS:** Free AFL, Cricket, NRL, Netball, Basketball

**FREE FOOD AND PLENTY OF GIVEAWAYS**

28 FEBRUARY	27 FEBRUARY	5 MARCH
12 MARCH	18 MARCH	26 MARCH

For more information on Nightfields contact Jade Wylie 0447 784 423 or City of Rockingham 9528 0333



ALCOHOL, DRUG, VIOLENCE & SMOKE FREE

## CREATIVE YOUTH COMMUNITY ART DAY

14th March 2020 10am-4pm  
(Community painting runs from 10am-2pm)  
Youth 12-24 Years - Everyone is Welcome

**CONNECTION** **SAFE SPACE**

**POSITIVE** **EXPRESSIVE**

**ART VS DEPRESSION**

**DO MUSIC** **OPEN MIC**

Rockingham PCYC SRABE PARK  
Free BBQ, Food & Refreshments  
Come down and get involved with the Crew to create an art piece 'POWER ZONE' on the outside wall of PCYC!  
No experience necessary - Inclusive Atmosphere - Positive Vibes




### Future student events at The University of Notre Dame Australia

#### Medicine Info Session | Sunday 22 March, 1pm.

Do you aspire to study at a leading Australian School of Medicine? Find out all you need to know about our leading Doctor of Medicine and Pre-Medicine Certificate programs. Meet current students, discuss the application process, tour our medical facilities and attend a dedicated presentation.

#### Parent Info Evening | Tuesday 31 March, 6pm

#### For parents of Year 10, 11 and 12 students

Hear from current students, alumni and our expert advisors on degrees, pathways to university and student support at Notre Dame. Plus, we'll talk you through future-proofing students for jobs of the future and careers that haven't been invented yet.

Register now at [notredame.edu.au/events](http://notredame.edu.au/events)