

# BULLETIN

**TERM 1 - APRIL 2021** 



### DATES TO REMEMBER:

#### **April**

Thurs 1st

End of Term 1 - Last day of school

Mon 19th

First Day of Term 2

Fri 23rd

ANZAC Ceremony

Mon 26th

Public Holiday - No school

#### May

Mon 17th - Tues 18th

**School Photos** 

Tues 25th

School Photo Catch Up

Wed 26th - Fri 28th

**CASP Semester 1 Showcase** 

#### June

Mon 7th

Public Holiday - No School



#### **Specialist Programs at WCHS**

#### CREATE, MAKE, LEARN, SHARE CHALLENGE, EXPERIENCE, GROW, LEAD

At Warnbro Community High School we offer a range of specialist programs for students that are designed to harness their skills and talents.

We offer our Creative Arts Specialist Program that is designed to enable students to create, make, learn and share a wide range of arts experiences such as visual arts, media arts, drama and dance.

Our Adventure Recreation Program develops leadership skills in students and aims to enhance their personal development and self-esteem, whilst fostering environmental awareness.

On page 8, you will find a story from former students at WCHS and how the Adventure Recreation Program helped them with their future career path.

#### PRINCIPALS MESSAGE

Welcome to our Term 1 Bulletin.

It seems quite a while ago that we welcomed our students through the gates, be it a week later than expected. Our new students and our Year 7 students have settled in and are now more comfortable with the routines and procedures that come with high school. We started the year with 922 students, though we have already increased to 965 over the last few weeks. This has unfortunately meant that we have had to make timetable changes. I would like to thank our students and staff for managing these changes throughout the term.

We welcomed 12 new staff to the school at the beginning of this year. During the year we will highlight teachers in our Bulletin, this time Elinor Evans, Krasanka Carmichael, Clare Detchon, Michelle Bertschi and Britney Mellor share a bit about themselves and what they have been doing so far at WCHS.

In our Bulletin you will find many photos of the events that we have held during Term 1. Traditionally this is a busy term for excursions and water events such as our swimming carnival and the Interschool Swimming Carnival. A special congratulation to Bailee who was the overall Year 7 Champion Girl for the Interschool Carnival held in Perth.

Even though it has been a very short term, I have had the great pleasure of working alongside our two School Captains, Kiara Rodricks and Jaye Bunting on a number of occasions. We have presented at assemblies, attended the School Board meetings, supported at the recent Parent Report afternoon, welcomed our Year 6 students from the primary schools and spoken with parents and carers at events. Kiara and Jaye are enthusiastic and committed School Captains who are exceptional role models for our students. I wish them well in their Leadership roles for 2021.

We have also had some of our Student Leaders attend the Leadership Conference which is a fabulous opportunity for learning and an event where our leaders are able to meet other young leaders from across the state. Our Leaders have also been active in promoting our school and community events such as Bullying No Way! Day, Harmony Day, National Ride2School Day and Road Safety Awareness.



We have been raising awareness this term around the inappropriate use of social media. We will be continuing this education throughout Term 2, especially with our younger students who at times do not always understand the repercussions of inappropriate use. If you would like more information so that you are also able to have informative and supportive conversations with your child, then please visit the following website or contact Student Services if you prefer:

https://www.esafety.gov.au/parents

Our students are often supported in many ways by our wonderful community. This Bulletin I would like to sincerely thank Warnbro Fresh who are generously supporting our Indigenous groups, "Moorditj Yorgas and Deadly Marmums'. Their generous support makes a difference to our students and is most appreciated.

We really value feedback from parents/carers, our students and our staff. Earlier this year we surveyed our staff about how they feel about their school. I would now really appreciate your feedback so that we can improve on what we are doing. We have sent links out to a survey called Tell Them From Me. This is the third year that we have completed this survey and we use your valuable feedback to direct some of the work that we do. Remember to also stay connected with us via Connect, Facebook, Emails, phone calls and face to face.

The School Board have met on two occasions this year. We have some new members joining the Board this year as well as a new Board Chair. Firstly, I would like to sincerely thank Riria Grant who has been our Board Chair for the last 6 years. She has been very committed to our school and will continue to do so as she will be remaining on the Board though in a different role. I would like to welcome Lea Siddons as the incoming Board Chair and I look forward to working alongside Lea in the years to come. We also have two new parents joining the Board in 2021 so I would like to warmly welcome Kara Walters and Melissa Schafer to the WCHS Board.

The Term 2 holidays are fast approaching. I hope that you enjoy the Easter break and find time to relax with your families and friends. I will welcome your children back at school on Monday 19th April, so until then, stay well.

#### Student Leadership Conference

On Friday 26 February, our Student Leaders from WCHS had the opportunity to attend the Youth Leadership Conference held at the Perth Convention and Exhibition Centre.

Our students took the opportunity to travel to the event by public transport and taking the train. Leila in Year 9 spoke of their journey:

"When going on excursions, using public transport gave us a good opportunity to represent our school with pride. I think it was a great experience when travelling with small school groups as we can interact and include ourselves with the public, as well as choosing to be environmentally friendly."



#### Welcome to Warnbro Community High School!

At the start of the year, we welcomed some new faces to Warnbro Community High School! We got to know them, learned about their area of expertise and how students work within their class.

#### **ELINOR EVANS | SCIENCE**



I teach Science to Years 7, 8, 9 and 10. I love giving students an opportunity to work hands on in practical lessons. The Year 7s have absolutely loved getting their Bunsen Burner licenses, with some of them never having lit a match before! My Year 8 class recently made slime (and a mess!!) as we compared the differences between solids, liquids, and gases.

Some students dislike Science as a subject and find it difficult to grasp the content, or find it overwhelming how much they need to know. I endeavour to create fun and engaging lessons for students to change their mind, while at the same time, showing them the relevance of the content and how it is used every day.

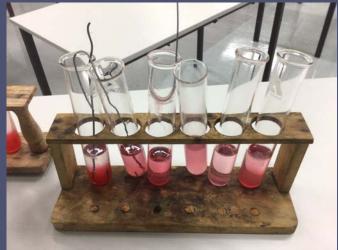
When I'm not teaching, I like to chill out at home by the pool or at the beach with my two dogs or catch up with some friends! I also make and sell necklaces as a little side hustle I started during COVID, but this has not had much attention since beginning teaching full-time!

# KRASANKA CARMICHAEL | SCIENCE

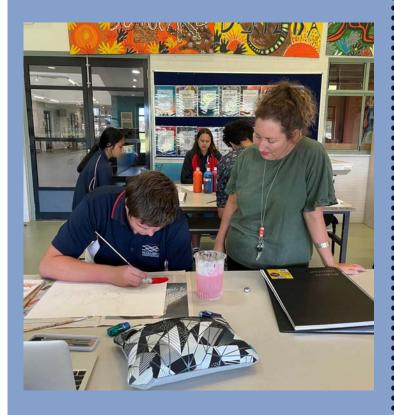
I teach Science, Years 7 to 10, and Year 12 General Integrated Science. What I enjoy about teaching science is that not only do we learn about the Scientific Method, but we are also able to apply it through our practical sessions. For example, my Year 10 class are currently learning about Genetics. We recently did an experiment where we extracted the DNA (deoxyribonucleic acid) out of strawberries!

Most of the time, students show responsibility by following laboratory rules and wearing protective safety glasses when needed. However, there are some challenges that students face such as listening to instructions and understanding the method fully before starting an experiment. This means that they are making unnecessary mistakes when conducting an experiment and at times the experiment does not work, or they run out of time to complete it. That is why I go through the scientific method with my students for each experiment before starting, so that everyone knows what to do.

When I am not teaching, I like to get outdoors and play golf, tennis and lawn bowls. I also enjoy the sun and going to the beach.



#### **CLARE DETCHON | ARTS**



My name is Clare Detchon and I am a Visual Arts, Media and Drama teacher at Warnbro CHS. I absolutely love teaching at Warnbro CHS and seeing students take on new challenges and find success in the arts with their projects. It is so satisfying seeing them achieve things that they did not feel were possible.

The main challenges students face in the Arts are about believing that they cannot create an artwork or a performance either because they feel they are not good enough at art or are too shy to perform.

Students overcome this fear by being brave, having a go, following the teachers steps, believing in themselves, not getting distracted by others, persevering, and not giving up when something doesn't work out how they want it to.

It is my job to teach students that they actually can achieve success through scaffolding projects into a series of achievable steps if they have a go.

I like to bike ride, make artworks, laugh with friends, listen to live music, travel and go camping to remote places when I am not teaching at Warnbro CHS.

#### MICHELLE BERTSCHI | ENGLISH

I'm an English teacher, and what I enjoy most is working with students and also hearing their interpretations of the texts that we read.

I think my Year 7 students are finding the transition into high school generally quite difficult, and they struggle to adapt to how classes are taught in high school. To overcome this I have found it useful to answer all their questions about high school (there are hundreds) and just reiterate to them that things will definitely get easier! Establishing routines is also useful. My other classes are currently finding it difficult to know where to get started, whether that be writing a paragraph or analysing a text. I overcome this by providing scaffolds like sentence starters and modelling what success looks like.

When I'm not teaching I enjoy yoga, cooking, going to the beach, camping and hiking.

#### **BRITNEY MELLOR | H&PE**



I'm involved in Adventure Recreation, Outdoor Pursuits and sport classes.

I think the challenge the students face in these subjects are their level of confidence doing outdoor activities such as swimming, abseiling etc.

The way they overcome this challenge is through practice and reassurance from supervisors and other peers.

When I'm not at work I like to be outdoors camping, fishing, motorbike riding, snorkelling anything outdoors really.

# WCHS Swimming Carnival

On Monday 22 February, we held our annual Swimming Carnival at Aqua Jetty. The weather was shining and our students were eager to get in the pool to cool down. Our student swimmers excelled in the water and displayed great sportsmanship by cheering for their peers on the sidelines.

Well done to all who participated and we thank our Year 10's who helped the H&PE staff throughout the day.

Below are the overall results and the champion and runner-up boys and girls:

Overall House Points - Collins: 501 | Stirling: 465 | Darwin: 436 | Anzac: 369

#### **BOYS**

Year 7

**Champion:** Kaleb **Runner Up:** Angus

Year 8

**Champion:** Harvey **Runner Up:** Lawson

Year 9

**Champion:** Jacob **Runner Up:** Cruz

Year 10

Champion: Jayden
Runner Up: Lee

Year 11

**Champion:** Chris **Runner Up:** Tye

Year 12

**Champion:** Ryan **Runner Up:** Sean

#### **GIRLS**

Year 7

**Champion:** Bailey **Runner Up:** Summer

Year 8

**Champion:** Gabrielle **Runner Up:** Eleanor

Year 9

**Champion:** Tahlia **Runner Up:** Holly

Year 10

Champion: Caitlin Runner Up: Lilliella

Year 11

**Champion:** Min-May **Runner Up:** Alyssa



# Interschool Swimming Carnival

On Monday 15 March students from WCHS went to HBF stadium to compete in the Interschool Swimming Carnival. Students represented our school greatly and were well behaved and the participation in events were high.

The highlight of the day was Bailee in Year 7 taking out champion girl.

Well done to all students who participated!

#### **House Point Totals**

School Sport WA 2021 Swimming E Div BLA

| Rank | House     | Points |
|------|-----------|--------|
| 1    | Aveley    | 432    |
| 2    | Bob Hawke | 412    |
| 3    | Yanchep   | 380    |
| 4    | Warnbro   | 338    |
| 5    | Gingin    | 335    |
| 6    | Northam   | 242    |



#### Specialist Program skills for the workplace

Danielle Barret, Bethany Bingham and Aieshya Lang recently graduated from Warnbro Community High School. They each completed the Adventure Recreation Specialist Program from Year 7-10 and a Certificate II in Outdoor Recreation in Years 11 and 12. The Adventure Recreation Specialist Program is unique and only offered in this style at Warnbro Community High School. It uses the context of outdoor adventure sports to create young adults with a variety of skills, including: Leadership, organisational, interpersonal, communication and resilience, this is on top of technical skills in a wide range of practical contexts, including: abseiling, mountain biking, surfing, kayaking, hiking, rock climbing and navigation.

After graduating, Danielle, Bethany and Aieshya applied for work with Fairbridge, from which they were successful and commenced working within Fairbridge Camp Schools soon after. Fairbridge Camp Schools provide overnight and day visit opportunities for students to experience the outdoors and develop skills and knowledge. With camps located across WA from Dampier in the North to Pemberton in the South, they offer a unique environment for a wide range of outdoor activities. Danielle and Beth further applied for traineeships with Fairbridge to undertake a Certificate III in Outdoor Leadership, and they were both successful.



Danielle shared some insights into her time so far with Fairbridge and her thoughts on our Adventure Recreation Program:

"The best thing about working at Fairbridge is the team I work with. Everyone is super chill and we find something fun to do everyday. I developed lots of skills in the Adventure Recreation Program that have helped me to get started here at Fairbridge, most helpful skills were definitely learning knots and other roping skills in general, we do a lot of roping here so it's very handy to already have the skills and experience in rock climbing and abseiling. I would 100% recommend applying for Adventure Recreation for students transitioning from Primary to Secondary school, it's a really fun and useful program and it's definitely worth giving it a go."

Applications are currently open for Grade 6 students wanting to apply to be in the 2022 Adventure Recreation Program.

The Activities and Training Manger at Fairbridge, Brett Hawthorn, shared these comments about Danielle, Beth and Aieshya:

"We were excited to offer work for Beth, Danielle and Aieshya as they interviewed really well. They have transitioned into the workplace well. They have confidence with who they are along with a good understanding of the outdoor activities and sector. They have already come up with ideas for some improvements to our workplace. The most impressive skill they have brought is the ability to communicate well. They are not afraid to ask questions to challenge or clarify points.

I am impressed with their foundation of activity skills and knowledge from the school's specialist program. When I have conducted some further training with them, I am excited that I can move onto a Certificate III level and not have to go back and recover foundation skills. We hope to continue this trend in the future by employing more staff that have completed the Adventure Recreation specialist program at Warnbro Community High School."

# CASP News

The Commercial Jazz Workshop was run on Friday the 12th of March with Professional International dancer, Bonnie Mc Geady. Bonnie is a local WA girl who grew up in Toodyay and since graduating from the West Australian Academy of Performing Arts (WAAPA) has toured around the world working as a commercial and cruise ship dancer. She has been back in Perth since COVID 19 and it has been a fantastic opportunity to bring her in to work with the students before she goes back overseas to continue dancing in America.











The Year 8 CASP dance is called 'Tea Party' and is to the Tea Party theme song from the movie 'Alice'. This dance has also been specifically choreographed for our CASP Semester 1 Showcase 'Trash to Treasure'. The students are looking forward to getting in the props required for this performance as they will help bring the storyline to life on stage!







Our school is a member of the Your Move Schools Program.

Your Move encourages students and their families to get active by walking, scooting and riding to school.

Making a small behavioural change by actively travelling to and from school a few times a week can result in huge benefits for your child and the community. These include:

- Reduced congestion, travel times and parking problems around schools;
- Reduced carbon dioxide emissions around the school;
- Lifelong improved health and emotional wellbeing due to instilling positive physical activity habits at a young age;
- Improved concentration and academic performance;
- More sustainable and cost-effective transport outcomes, such as reducing the need for investment in parking that may only be utilised for a short period each day, and reduced road infrastructure maintenance costs.



A benefit of being a Your Move School is being able to apply for Connecting Schools Grants. This funding can be used for active transport facilities such as new bike and scooter racks, access to bicycle education and other activities for the school. We earn Your Move points by posting stories and photos of our active transport adventures on the website - the more stories we post, the more points we earn and the higher the amount of grant funding we could receive!

Through the Your Move Program we earned enough points to receive a grant last year and used this towards new lockable scooter racks within our bike rack area and a bike maintenance station.

The scooter racks are lockable - please ensure you purchase a padlock to lock the scooter in the rack. WCHS are not responsible for any loss or damage of personal property.

The Bike Maintenance Station is also located in the bike rack area, where students have a range of tools and a pump for tyres. We please ask that students treat this with respect as it is for all students use to help maintain their bikes.



# NATIONAL RIDE2SCHOOL DAY

Friday 19 March 2021



#### **WARNBRO COMMUNITY HIGH SCHOOL**

participated in National Ride2School Day on Friday 19 March 2021.

National Ride2School Day was the perfect opportunity to kick-start new healthy habits and promote the many benefits of active travel.

We encouraged students to ride, walk, scoot or skate to school.

We handed out Zooper Doopers for those who rode, scooted or skated to school by giving them a voucher as they enetered.







#### **TELL THEM FROM ME - PARENT SURVEY**

The TTFM survey is an opportunity for you to give us feedback on how you and your child(ren) are feeling at WCHS.

Parents/ Guardians would have received an email through Connect with a link to complete the survey.

# WE WANT YOUR FEEDBACK!

# PARENTS AND STUDENTS

Parents/ Guardians have the opportunity to complete the TTFM survey to tell us how you feel and how your child(ren) are feeling at WCHS.

The Tell Them From Me Parent and Student Survey can aid in strengthening parent, teacher and school collaboration by providing us with a deeper understanding of your perceptions of your child's experiences at home and school.

Capturing the voice of our entire school community to guide us in future planning.

#### **Survey Topics**

- · Parents feeling welcome
- · Parents are informed
- Parents support learning at home
- Support for learning
- Support for positive behaviour
- · Feeling safe at school
- Inclusion
- Parent participation at school
- Bullying and exclusion
- Time spent doing homework

We really appreciate your feedback!

#### ATTENDANCE AT WCHS

#### WHY SHOULD MY CHILD ATTEND SCHOOL ON A REGULAR BASIS?

- From day one, attending school can prevent experiences with learning difficulties.
- Regular attendance ensures that learning across all areas can occur without any gaps in knowledge.
- Regular attendance assists students in building friendships, as well as social and communication skills and improves self-esteem.

#### WHAT YOU CAN DO

#### - Make School Attendance a Priority

- Talk about the importance of showing up to school every day on time so your child knows this is your expectation.
- Encourage your child to maintain daily routines, such as finishing homework or getting a good nights sleep.
- Avoid scheduling non-urgent appointments when classes are in session.

#### - Help your child stay engaged

- Find out if your child feels engaged in classes and feels safe from bullies. Make sure they are not missing class because of behavioural issues and school discipline policies. If any of these are a problem, work with Student Services.
- Stay on top of academic progress and seek help from teachers or tutors if necessary.
- Stay on top of your child's social contacts. Peer pressure can lead to skipping school, while students without many friends can feel isolated.
- Encourage meaningful after school activities, including school clubs and sports.

#### - Communicate with the school

- Talk to teachers or Student Services if you notice sudden changes in behaviour. These could be tied to something going on at school.
- Check on your child's attendance to be sure unexplained absences are resolved.
- Contact our Attendance Officer, Rebecca Vance, if you're having trouble getting your child to school.







#### Tips for secondary school students who experience bullying

Bullying is deliberate verbal, physical and/or social behaviour intended to cause ongoing physical, social and/or psychological harm. Bullying can make you feel anxious, depressed and lonely. It can happen anywhere — in person, or online using various digital platforms and devices (this is called cyberbullying). It might be obvious to others or hidden.

#### Bullying in person or online might look or feel like being:

- · repeatedly hurt physically, or verbally through abusive texts, emails, images, videos, or nasty gossip and chat
- excluded or ignored
- · tricked or humiliated by fake accounts.

#### No one deserves to be bullied or hurt. You can choose to:

- treat others how you would like to be treated with kindness and respect
- · include others in games and chats
- only share information about others with their consent.







#### You have the right to feel safe and be safe. Here are some ideas about what you can do if someone is bullying you:

- Talk to someone you trust about it. Try to stay positive. Focus on things you do well.
- Act unimpressed or pretend you don't care what they say or do to you.
- Use strong, assertive statements if you are talking to them face to face, starting with the word 'l'; tell the other person 'l want you to stop that' in a confident voice. Practise this with your friends.
- Don't respond to online bullying, it usually just makes it worse.
- Protect yourself online by unfriending them or using privacy settings to block them.

#### It's okay to ask for help if you experience or see bullying. You can speak to:

- a trusted person this could be a parent or carer, aunty, uncle or friend who will listen and be supportive
- your teacher or principal they can give you support and advice about how to make it stop
- eHeadspace they provide free online and telephone support and counselling to young people 12–25 and their families and friends
- Kids Helpline they have counsellors available at any time who will listen and support you
- the police call the police if you are in immediate danger
- the eSafety team you can report serious cyberbullying (see the steps below).

#### Reporting cyberbullying

1. Keep a record



2. Report and block



3. Make a complaint to the eSafety Commissioner

Take screenshots or photos of the cyberbullying content. You should also save or record evidence of the webpage addresses (URLs) or social media services where the content has been shared. Always record the time and date you collected the evidence. Read more about collecting evidence.

Report the cyberbullying to the platform where it took place. The eSafety Guide has reporting links for social media services, apps, games and websites. You can also use the platform or device settings to block the person who is cyberbullying you.

If you are under 18 (or helping someone under 18) and the social media service doesn't respond to your complaint within 48 hours, you can report seriously threatening, intimidating, harassing or humiliating online behaviour to the eSafety Commissioner. The team there can help you have the cyberbullying content taken down and get you further support.

#### Important links

eSafety Report

**Bullying. No Way!** bullyingnoway.gov.au **Kids Helpline** kidshelpline.com.au

eSafety young people esafety.gov.au/young-people eHeadspace headspace.org.au/eheadspace

eSafety Guide esafety.gov.au/esafety-guide Youth Law Australia yla.org.au





esafety.gov.au/report



WARNBRO COMMUNITY HIGH SCHOOL

# ROAD SAFETY

Students at Warnbro CHS should always cross Warnbro Sound Avenue at the lights within the red square.

Please do not run straight across and in front of cars, they may not be able to stop in time.







Look



Listen



Think

NO RUNNING!

cean Blvd

Grand Ocean Blvd

- Google



Warnbro Sound Ave



Warnbro Sound A

#### **FAMILY INFORMATION SHEET**



#### **Out walking**

Pedestrians, along with cyclists and motorcyclists are often called 'vulnerable road users'. This is because of their lack of protection if hit by a vehicle.

Young people are especially vulnerable as they:

- · often travel alone
- get easily distracted and are often inattentive when walking in groups
- may travel long distances to school, and to social and sporting events
- may be influenced by their friends to act unsafely
- walk while using their mobile phone or listening to music
- do not always give adequate time to check for traffic before attempting to cross the road
- may be starting to experiment with alcohol or other drugs.

# Staying safe while out walking Help your children to plan their walking routes. Suggest that they try to avoid be

routes. Suggest that they try to avoid heavy traffic areas and highlight locations where it is safe to cross roads such as crosswalks, traffic islands and traffic signals with pedestrian lights. Remind your children to always wait until traffic has completely stopped before stepping onto a crosswalk as some drivers do not always stop.

#### Check for traffic

Taking time to adequately check for traffic can be overlooked by children so remind them to always 'stop, look, listen and think' before they cross.

# Highlight the dangers of walking while talking on mobile phones or listening to music through headphones

Young people like to listen to music and talk on their mobile phone, however these devices can distract their attention and block out traffic sounds that alert pedestrians to possible dangers. Encourage your children to not use these devices while out walking and to stay alert at all times.

#### Walking with friends

Help your children to choose a few excuses that can be used in situations where their friends encourage them to act unsafely. Using parents as an excuse is often a good ploy "I'm not going to do that. Mum will ground me if she finds out".

#### Set a good example

Children watch their parents from a very young age. When you are out walking follow the road rules explaining to your children that you expect them to do the same.

#### Agree on a 'getting home safely' plan

Make sure your children know what to do if a situation arises where they feel unsafe or can't get home, especially after dark. For example, what should they do if they miss the bus or a pre-arranged lift doesn't arrive? Give your child two other numbers to call if they need help and put these in the contact list of their phone.



EDUCATING FOR SMARTER CHOICES





Tuesday 20 April 2021 – Perth, WA

Come meet with employers with real jobs looking to hire in your area.

- ✓ Talk face to face with employers about current employment opportunities in the Perth region
- ✓ **Update your résumé** with the help of a professional.
- ✓ **Take part in job seeker workshops** to help you get job-ready and fast track into employment.
- Learn how to build confidence and resilience to take advantage of opportunities that come your way.



**Date:** Tuesday 20 April 2021

**When:** 9.30 am – 4.00 pm (AWST)

**Session 1:** 9.30 am – 12.30 pm / **Session 2:** 1.30 pm – 4.00 pm

Where: Pavilion 1, Perth Convention and

Exhibition Centre, 21 Mounts Bay Road, Perth

For more information visit the Jobs Fair website **dese.gov.au/PerthJF** 

This event will comply with WA Government COVID-19 protocols.

The Check in SafeWA App will be used for entry. We suggest downloading it prior to the event.

# April School Holidays at Rockingham Youth Centre



| Day   | Program /                        | When                        | Age                      | Description  |
|---|----------------------------------|-----------------------------|--------------------------|--|
|   | Workshop                         |                             | Group                    |  |
| Tuesday<br>6 April                            | HER Space                        | 10am - 12.30pm              | 14 - 18yrs               | Learn how to make your own clay jewellery bowls<br>with The Rockin Cauldron (lunch provided)                       |
| Tuesday<br>6 April                            | Dried flower workshop            | 2pm - 4pm                   | 12 - 18yrs               | Create your own keepsake dried flower arrangement  |
| Wednesday<br>7 April                          | y Kokedama plant<br>workshop     | 10.30am - 12.30pm           | 12 - 18yrs               | Learn the basics to make your own plant hanger<br>with our local Kokedama guru                                     |
| Wednesday<br>7 April                          | <sup>y</sup> Life skills retreat | 10am - 2.30pm<br>11am - 4pm | 12 - 18yrs<br>18 - 24yrs | Reset and refocus meditation followed by a goal setting workshop and vision board making (lunch provided)          |
| Thursday<br>8 April                           | HER Space                        | 10am - 12.30pm              | 14 - 18yrs               | Anglicare information session (lunch provided)   |
| Tuesday 6<br>April and<br>Thursday 8<br>April | Mental Health First Aid          | 9am - 3pm                   | 16 - 24yrs               | Learn the basics of mental health first aid in this two day course recognised by Mental Health First Aid Australia |
| Friday<br>9 April                             | LGBTQIA+ movie night             | 5pm - 8pm                   | 16 - 24yrs               | A movie night for the LGBTQIA+ community   |
| Monday<br>12 April                            | NAILED IT - bakers<br>workshop   | 10am - 12pm                 | 12 - 18yrs               | Decorate your own edible masterpieces  |
| Monday<br>12 April                            | Resin craft workshop             | 2pm - 4pm                   | 12 - 18yrs               | Create your own resin homewares and gifts  |
| Tuesday<br>13 April                           | HER Space                        | 10am - 12.30pm              | 14 - 18yrs               | Learn how to make your own heatbags<br>with The Rockin Cauldron (lunch provided)                                   |
| Tuesday<br>13 April                           | Queer cuts                       | 1pm - 4pm                   | All Ages                 | A safe and inclusive space for LGBTQIA+<br>young people to get their hair cut                                      |
| Wednesday<br>14 April                         | Workshop Wednesday               | 10.30am - 1pm               | 12 - 14yrs               | Join us in the workshop to learn new fun and creative skills<br>(lunch provided)                                   |
| Thursday<br>15 April                          | HER Space                        | 10am - 12.30pm              | 14 - 18yrs               | Anglicare information session (lunch provided)   |
| Friday<br>16 April                            | Couch Surf event                 | 1pm - 4pm                   | 12 - 24yrs               | Come down and watch the ultimate couch race followed by celebrations with free food and activities                 |

 $Registrations\ essential.\ For\ further\ details, please\ head\ to\ {\bf rockingham.wa.gov.au/whatson}$ 

To learn more about our programs, please contact the Rockingham Youth Centre on **9591 0836** or drop in to speak to us at 20 Mackinnon St, Rockingham. We are open between 10am - 5.30pm Monday - Friday.





