

WARNBRO COMMUNITY HIGH SCHOOL

BULLETIN

TERM 4 - ISSUE 1 | NOVEMBER 2022



FAREWELL YEAR 12'S

On Friday 23 September, Warnbro Community High School farewelled their Year 12's for 2022. Celebrating their time at school, staff cooked a breakfast for the students and then there was a formal assembly held for them. Continue reading on page 5.

DATES TO REMEMBER:

December

Mon 5th - Tues 6th

Year 9-10 Summer Carnival

Wed 7th - Fri 9th

Year 8 Camp

Thurs 15th

Last Day of Term 4

Fri 16th

Staff Development Day

PRINCIPAL'S MESSAGE

We started this Term with the opportunity to say a final farewell to our Year 12 students at their valedictory ceremony. It is always an honour to share this night with families and friends of our students. The journey to Year 12 isn't always a smooth one but the valedictory is an opportunity to formally acknowledge the hard work and achievement of finishing the final year of schooling. The guest speaker, Ammon Bennett, blew the audience away with his impromptu operatic Aria on the stage – it was quite a journey that he spoke about going from working on mine sites to singing with the WA Opera Company. It is always amazing to hear the journey that our past students have been on. Many thanks to the staff involved in organising the evening and to all of the families who shared the evening with us.

We are having a strong focus on attendance this term. The impact of COVID on attendance has been significant and some members of our school community have needed extended support to return to regular school attendance. Regular attendance at school is fundamental to student learning, Research shows that students who do not attend regularly tend to have lower rates of school achievement and are more likely to drop out of school early. There is no safe threshold for absence – even missing 5 minutes at the start of a lesson can have a significant impact as this is when teachers are explaining the learning for the lesson. We are starting to make contact with parents and families whose young people are regularly missing the start of lessons and have unexplained absences. Please do not hesitate to contact Student Services if you would like to speak to someone about your child's attendance.

On Friday we acknowledge Remembrance Day. In Australia we remember 100,000s of Australians who have died or suffered for Australia's cause in all wars and armed conflicts. All of us have studied history. History is blended through schooling from the time we start listening to stories. Often you will hear people say that they hate history and 'what is the point'. I asked students to reflect on the idea that if people were no longer expected to learn about history all they would be able to do is live in the present, because that is all we would know. The danger of only knowing the present is that we would keep repeating the mistakes of the past.

As we mature as a nation in the coming years it will be important that we learn about our shared Australian history, by being prepared to listen to one another's stories and acknowledge, and remember, the past through many different people's stories, so that we do not make the same mistakes for the future.

Debra Bright

SCHOOL BOARD MEETING

Warnbro Community High School Board extends an invitation to the school community to its final School Board meeting on Tuesday 6 December at 4:30pm. This will be held in the Administration building at WCHS. Contact our Administration team if you would like to attend on 9528 9400.



WCHS ALUMNI - AMMON BENNETT

After graduating from Warnbro Community High School, have you completed any courses or what has been your experience since?

After high school I worked in various jobs until the age of 22 when I decided to do an apprenticeship as a mechanical fitter. After my apprenticeship I worked in mining for a couple of years until I decided to pursue a career as an opera singer. I went to the Western Australian Academy of Performing Arts and completed a Bachelor of Classical Music specialising in Vocal Performance. The year I completed my bachelor degree, I got accepted as a young artist with the West Australian Opera and have been working there since.

On completion of your studies what have you been doing?

I've been working as an Opera Singer for the West Australian Opera, getting voice lessons and coaching to help make me a better stage performer. I've been in 5 operas this year and have been offered work in 4 operas next year so far.

How did you decide on this path?

Singing was something I always knew I was good at but I was too afraid to sing in public and hated singing in choirs. It wasn't until I realised that I could potentially have a good career that I decided to pursue it. I also felt unfulfilled in my job as a mechanical fitter and I didn't like working the FIFO rosters. Making the decision to leave the mines and pursue a career in the arts was risky, but it has paid off massively.

Any advice on your younger self or to current students?

If you have dreams and ambitions don't let anyone tell you, you can't achieve them. Work hard and believe in yourself. Don't be scared of failing. Sometimes the best lessons you can learn come through failing at something. The most important thing though is to work hard. Talent gets you to the front door, hard work is the key that opens it.

How did it feel being asked to be the Key Note speaker at Valedictory 2022?

Getting asked to be the keynote speaker at this year's graduation was one of the highlights of my career so far. It was quite a humbling experience for me and made me realise that the hard work I've put in and risky decisions that I've made, are starting to pay off. I loved being able to sing for the Year 12s and enjoyed watching their reaction to a good hearty Italian song.

Ammon Bennett (Class of 2006)

PATHWAYS

How to get into WAAPA

WAAPA offers a wide range of courses - from Vocational Education and Training (VET) Certificates and Advanced Diplomas funded by the WA Department of Education and Training - through to Bachelor, Masters and Doctoral degrees.

Admission to all of these courses is by audition and/or interview. Admission to the Bachelor programs at WAAPA also requires completion of entrance requirements for ECU.

If you don't meet University admission requirements you should discuss your options with staff at WAAPA.

Applications to WAAPA courses open in April the year prior to course commencement. Application kits are updated each July providing detailed instructions about how to audition for each course.



YEAR 12 BALL

The Year 12's waited patiently for the Year 12 Ball due to COVID rescheduling and finally the night was here, and what a night it was. 120 students and staff descended on the Aloft Hotel for mocktails on the mezzanine followed by a quick trip in the lift to the rooftop ballroom. The weather held off and made for some stunning sunset photos out on the terrace, with sweeping views and lots of space for socialising and rematches of the Year 10 River Cruise arm-wrestle tournament. Each attendee took away a small favour from the night, a bookmark for all their photo booth photos along with a memento glass decorated with the theme of the night and the year 2022. The students and staff danced the night away, awards were given and all in attendance "had a ball".



FAREWELL YEAR 12'S

As the morning started early at 7:15am our Year 12's sat together for their breakfast before attending a whole school assembly to commemorate their time at Warnbro CHS. At the assembly there was time for reflection and for our current School Captains to announce the successful applicants for School Captain 2023. Following the whole school assembly they walked 'The Street' surrounded by their fellow peers and teachers to say goodbye.



2023 SCHOOL CAPTAINS

Hi, I am Abbey Labruyere and I am one of your 2023 School Captains.

Being your School Captain will allow me to have a say in matters on behalf of the school cohort I will become your voice for ideas raised and have the opportunity to push for them to come to life, I will be able to help make 2023 a year to remember, as it will be our last within the school system together. A number of students have come to me to put forward suggestions that will contribute to the school and how to make it more enjoyable, I will have greater opportunities to put forward your ideas.

I am looking forward to being your School Captain and representative of the school. Through the experiences I have gained over the past 5 years in student leadership I have grown strong communication, organisation, and punctuality skills, I am always respectful, responsible, and do my best. My attendance at the Youth Leadership Conference has assisted me in the development of my leadership skills, which I intend to utilise. Over the past number of years, a number of students have approached me for help, and I hope that you feel comfortable to approach me with your concerns or suggestions too.

By the end of 2023 as your School Captain, I would like to have achieved a higher sense of community within our school, I would like to see it become one by strengthening the connections between students of all year levels. I would like to have planned a number of activities, for all year groups to participate in, making 2023 more memorable. Ideas that I would like to propose include free dress days, a common room for the year 12 s, and more activities to make our final year one to remember,

Thank You.

Hi, I'm Jack Fox, and I am your School Captain for 2023.

To me, a leader is a dedicated and hardworking individual who is willing to selflessly put the needs of their peers before that of their own individualistic needs. A leader is an individual who is willing to devote themselves to performing strenuous and hard work for the sake of the people that they have been given the honour to lead. I believe I have these qualities, and I believe that I, through dedication and hard work, can carry the needs of you on my shoulders as we unite to reinforce our voice as a community. I want to help you, and I honestly believe that I can. I am committed to this school, and most importantly its student body.

By the end of my captaincy in 2023, I hope to of at the very least improved the lives of my peers, and the lives of the staff. I believe in the importance of one's mental and physical health, and I would like to attempt to mitigate the stress and pressure that schools can place, unknowingly, on its students, and while this may be hard to accomplish, I'm confident that I, along with you, can work towards the mitigating of any detrimental aspects of school including bullying and burnout. School should be fun. Regardless of how you feel about teachers, other students, and even the school system itself, school should be an enjoyable experience.

I'd like to thank you for this opportunity to stand before you today.



2022 YEAR 12 VALEDICTORY

On Monday 24 October 2022 Year 12 students started their day by gathering at school to be chartered to the Mandurah Performing Arts Centre where they spent the afternoon rehearsing and getting prepared for their Valedictory ceremony.

We saw our students cross the stage to receive their Certificate of Completion for Year 12, School Honour and Community awards, Principal's awards and Academic Excellence awards.

We congratulate and wish all our Year 12's a happy and bright future ahead.



COMMUNITY AWARDS

ADF Long Tan Youth Leadership and Teamwork Award

ADF Future Innovators

Ampol Best All Rounder

City of Rockingham Leadership Award

Rotary Club of Rockingham Civic Award

Paul Papalia Perseverance Award

Kate Doust Encouragement Award

Madeleine King Positive Contribution Award

KIC Education Partnership VET Award

Maude Bonshore Indigenous Youth Award

Michaela Roberts

Ben Edwards

Djeynah Baas

Ethan Smith

Min-May Cook

Jacob Sanders

Calais Dearle

Sonny Stevens

Andrei Cruz

Joshua Taylor



PRINCIPAL'S AND ACADEMIC EXCELLENCE AWARDS

"I am because we Are" Award

Principal Award

Industry Links DUX

General Pathway DUX

University Pathway DUX

Christopher Huxham

Nakyta Byland

Natasha Pass

K'Dence Shaw

Ben Edwards



IN THE CLASSROOM

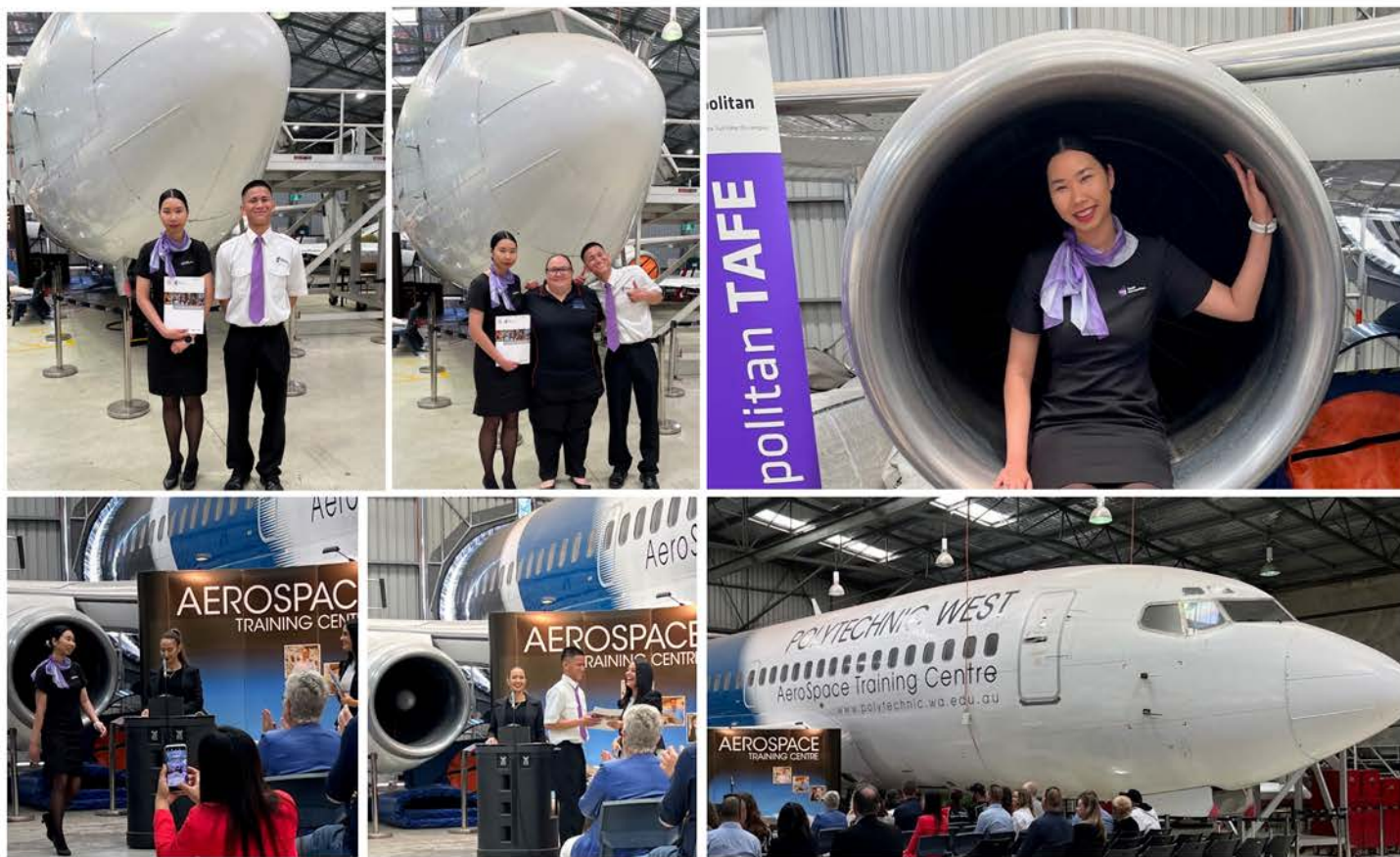


STUDENT ACHIEVEMENTS

A graduation ceremony was held at the Aerospace Training Centre for students that successfully completed a Certificate III in Aviation (Cabin Crew).

Our Year 11 Industry Links students, JJ & Nick, have both worked hard to complete this qualification. In Year 12 both will compliment this Certificate by completing a School Based Traineeship in Hospitality with the Coffee Club with the goal of becoming Flight Attendants.

Well done to you both, JJ and Nick.



WCHS Year 8 student, Gabrielle, was congratulated by the Western Australian Ice Skating Association Inc. (WAISA) on achieving the required Ice Skating Australia Inc (ISA) qualifying score, resulting in her successful nomination to represent Western Australia as part of The WAISA State Team in the 2022 Australian Figure Skating Championships (AFSC).

Well done Gabrielle, we wish you the best of luck at the championships.



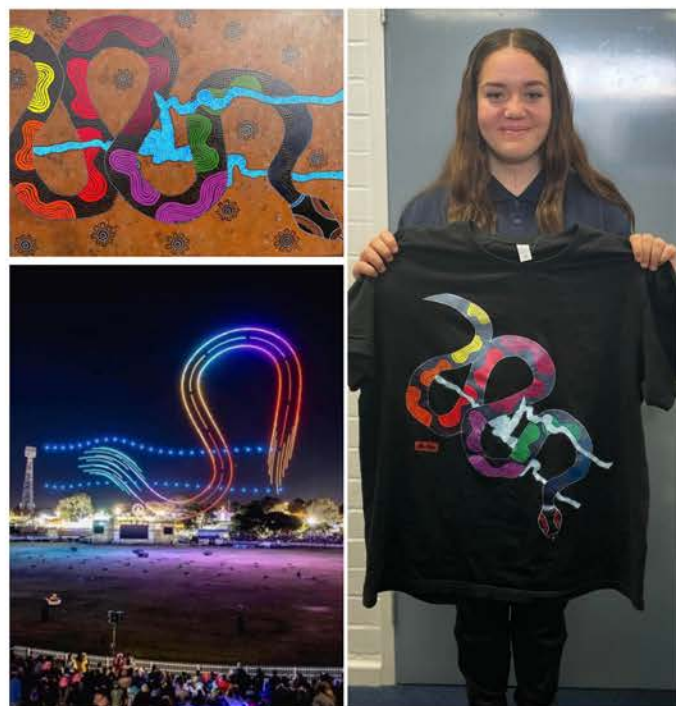
STUDENT ACHIEVEMENTS

During the holidays, Bradley, Shrushti, Nylla and Tilly attended the Harry Perkins Institute of Medical Research. They were selected to attend to participate in an exceptional four-day STEM-based program, The Perkins Profs Intensive Program which offers capable high school students a unique opportunity to work alongside medical researchers. Students learned research techniques, and developed an understanding of the working world of medical research and its impact on diseases that affect us all.



During the school holidays one of our Year 10 students, Shakaya, Ballardong Whadjuk Yorga, assisted her sister with a painting that was shown at The Royal Show. The painting was used on shirts, translated into a dance and projected into the sky through the Drone show.

This painting represents the dream time story around the Derbal Yerrigan (Swan River). It tells the story of the great Waugel (Rainbow Serpent) and how it created everything from, Boodja (Land), to people, animals, plants and even the Derbal Yerrigan. The (14) campsites around the Waugel represents the 14 different tribal groups within the Noongar nation. This shows how the Derbal Yerrigan connected the whole Noongar nation before colonization.



LEAP NEWS

On Thursday 15 September, 19 students from the school's LEAP program attended the Scribblers Festival at Subiaco Arts Centre. The festival consisted of workshops with prominent authors such as Wai Chim and Amie Kaufman. In the workshops, students discovered new ways to express their creativity, from creating fictional characters to inventing imagined worlds. Overall, students had a great time unleashing their creativity and fine-tuning their creative writing skills. Below are messages from students who attended:

"Scribblers Festival was fun! I liked doing the freewriting tasks and the idea of the book store. It really sparked some ways of how to think of writing creatively and how to come up with fun ideas for narratives. It was interesting to see how authors put their pieces together to create their books. I think Scribblers will help me through the years of school and creativity." - Vanessa, Year 7

"At Scribblers Festival, we learnt how to write books/stories in different ways to make them enjoyable for the viewer. I had a good time and learned a lot, and I even started writing a story afterwards." - Tristan, Year 7

"At Scribblers festival, we met some authors who spoke about how they write books, while others talked about how their childhood inspired their books." - Riley, Year 7

"Once we arrived at the auditorium, it was a nice venue very simplistic setup. The speakers were very interesting and had a good perspective on why they write and the processes of writing." - Abigail, Year 7

"What an extravaganza of learning, knowledge, and fun! I had such a blast listening to some great writers and their processes. For anyone who didn't attend, you missed out!" - Bradley, Year 10

"The excursion was quite memorable. I learned many things, and especially enjoyed the speech by Wai Chim" - Dane, Year 10



DRONES TASTER

In Term 4, South Metro TAFE came on site to deliver a drone's taster with our Year 9 students. Students learned about how drones will impact the future of work, the new jobs emerging using drones' technology and the different industries drones are used in.

Students had the opportunity to fly larger drones that often get used to take photos and videos while also having a chance to fly mini drones through an obstacle course around a classroom.



TRY-A-TRADE: BRICKLAYING AND CARPENTRY

The Try a Trade program gives students the opportunity to try different trades, find the right career path and learn critical skills needed for the job.

Students gain real-world experience through practical activities led by an experienced professional. Each Try-A-Trade course runs for up to three days and focuses on two to three trades.

Recently our year 9 students participated in a three day try-a-trade, experiencing the brick-laying and carpentry trades. Students had the opportunity to build a garden wall, lay paving and build a gazebo. For more information on try-a-trades visit the [Construction Futures website](#)



CASP NEWS

WAYTCo Workshop

We were fortunate enough to have The Western Australian Youth Theatre Company (WAYTCo) facilitate improvisation workshops with our Year 8 Creative Arts Specialist Program students for 7 weeks through the Outreach Program. Our two presenters Esther and Tegan captured the student's attention, built their understanding of improvisation, and created a space that allowed the Year 8s to gain the confidence to step out of their comfort zone. They created tableaux, build character profiles through status, movement and intent.

Across the board there has been improvements in voice projection, clarity of speech, characterization, plotting of movement and development of relationships between characters. These workshops will lead to students developing their scripted assessment task for the CASP Semester 2 Showcase, 'A Moment in Time.'

The CASP students are incredibly grateful for the opportunity to work with WAYTCo in particular Esther and Tegan.

- Cassie McNeill

Student Testimonials:

Tegan and Esther introduced us to ways we can push ourselves or develop our acting skills. The activities have ranged from learning that saying no limits the performers, all the way through to editing and expanding our performances while we are building scenes. We have been taught to speak our mind and our own stories, which has helped us step out of our comfort zones. We have become more comfortable with each other and been able to develop our movement skills, speech (voice), character and on-stage relationships in our acting. - Brianna

The highlight of these workshops was developing editing skills and learning how to wipe a scene. - Isabella

The workshops have helped us prepare for our assessment, performance and showcase. - Gabbie

These workshops have really helped my acting skills and was really good for improv. - Mia

These workshops have helped with thinking on the spot and have given me the courage to stand up and act. - Declan



YEAR 11 AND 12 ARTS GALA

This year's Arts Gala featured works from Year 11 and 12 Arts in Visual Arts, Media Production and Analysis, Music, and Drama.

Paintings and mix media artworks adorned our foyer with themes of portraiture, landscapes and still life. Our Media students showcased their superhero short film and promotional posters. Music students rocked out in their own bands to Queen, Nirvana, and ABBA, while our Drama students performed a collection of scenes from *The Servant Of Two Masters* with an Epic Theatre twist.

This was a special moment for our Year 12 students as this was their last ever school showcase shared with family and friends. We would like to thank our Year 12s for their commitment to the Arts over the past 5 years and wish them all the best in their personal endeavours.

The Arts



YEAR 11 AND 12 HOLOCAUST EXCURSION

The Year 11 ATAR and Year 12 General Modern History students took their learning out of the classroom with an excursion to the Holocaust Institute in North Perth. During Semester 2, students studied Nazism in Germany and this visit enabled them to gain further knowledge regarding the treatment of the Jewish population during this period of History. They were fortunate enough to listen to a survivor's son recount his father's experiences of the time, and the students were all deeply moved by the stories they heard. This allowed the students to engage with history on a more personal level and to learn how individuals were impacted by these events. They said that it was an experience that they will never forget.

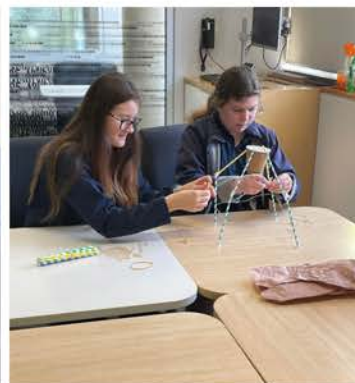


YEAR 9 BEES CURTIN UNIVERSITY

Last term some of our Year 9 students attended the Biological Earth Environmental Science Careers Day at Curtin University.

Students had the opportunity to learn and experience the different careers in the biological, earth and environmental science industries.

Students had the opportunity to engineer a leaf catching system to help study mangrove stress levels in the Kimberley. They learned about neuroscience including how the brain works and the different careers in earth sciences including investigating rock formations and fossils. Before finishing the day looking at the evolution of animals over time.



WARNBRO DAY

Warnbro Day 2022 was held on Wednesday 14 September. Despite the forecast of inclement weather, the show was able to go on. Apart from the usual athletics events, students were also able to participate in a wide variety of novelty activities such as laser tag, a silent disco, retro games, basketball, mini-golf and dodgeball. During the day over 250 students competed in at least 2 athletics events with some tightly fought contests across several events and races in all age groups.

A big thank you must go out to all the students who demonstrated our 3 B's throughout the day. Them being; Be Respectful, Be Responsible and Be Your Best.



HOUSE OF HOOPS

Staff vs Student Basketball game was held on Tuesday 20 September at lunchtime with our staff team defeating the Year 11/12 students.

A competitive match with some great defensive skills on show.



INTERSCHOOL TRACK AND FIELD CARNIVAL

The Interschool Track and Field Carnival was held on Friday 28 October. Our students placed 4th overall, doing WCHS proud.

Congratulations to Noah who was runner up Year 10 champion boy and all students who participated.



YEAR 11 ATAR OUTDOOR EDUCATION EXHIBITION

The Year 11 ATAR Outdoor Education class planned their expedition for the first day back after the holidays. It took place on the south coast between Walpole and Denmark.

The expedition was planned and conducted by the students. This is in preparation for next year when they will be planning and facilitating an expedition for the Year 8 Adventure Recreation class. The level of logistical and safety planning that took place was extensive which led to a very successful expedition.

Activities included:

Hiking Conspicuous Cliffs to Peaceful Bay

Abseiling Monkey Rock

Valley of the Giants in the Tingle Tree forest.

And.. a whole lot of camp activities.

We extensively discussed curriculum topics, relating all topics to practical experiences that took place on the expedition.

If you would like to find out more about this expedition, take some time to catch up with any of the students from this class and I'm sure they would love to tell you all about it.



YEAR 8 ADVENTURE RECREATION AND YEAR 12 ATAR EXPEDITION

Mountaineering Expedition in the Eyes of a Year 8 Student.

It was a freezing morning. We jumped on the bus and drove about 40 minutes to bluff knoll, we got off the bus and the teachers had a surprise for us. They pulled out a giant tub from the bus and out came a massive rope we had to carry all the way up and down without anybody letting go. We were all so angry, but we persisted up the mountain and we were determined to conquer the mountain even though all of us were mad and we were all complaining about the walking and our ankles being sore, we just wanted to give up and go back down.

After 3 hours of hiking, we made it, OMG you don't know how happy I was that we got to sit down and stop. Although it was hard, it felt great to be the first class that has officially completed this challenge!

Max, Lilli, Rahni and Summer

In the morning, on the day we were leaving, we had to pack up early and the temperature was around 6 degrees. When we were packing up our tents it was frosty and freezing cold, when you touched the tent, it was wet, it was so cold that your fingers were numb and it felt like they were going to fall off. We couldn't even chill out near the fire until everything was packed up. Some people were also having trouble packing up so some people had to help, which meant more freezing cold hands.

Knudsen and Ava

Two eggs were given out, one to Hunter and one to Roary. There was a challenge that Sir created where we had to keep the eggs intact. Hunter cracked the egg within 30 seconds of possessing the egg. Then Amelia kept that egg after that for the rest of the hike.

Roary was doing good until the drive back to camp. Roary was told to do a challenge that was apparently impossible by squeezing the egg with your index finger and thumb. Then he crushed it in his hands and it went everywhere. Roary was given another egg for the rest of camp including the drive home. Nothing happened to the egg after camp so he gave the egg back to Sir, completing the challenge.

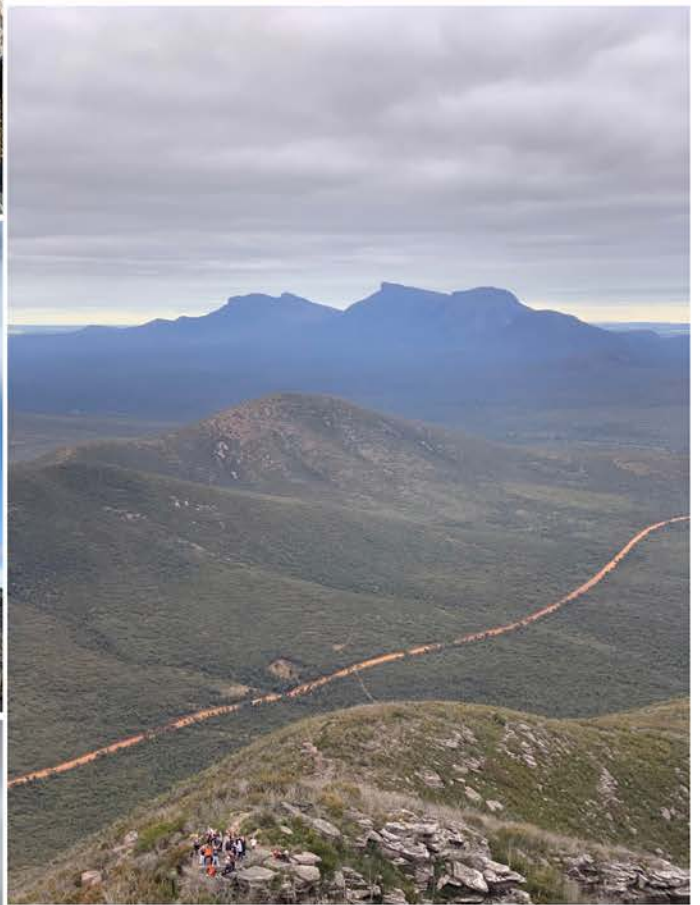
Roary and EJ

On our Year 8 camp we went on a hike up a mountain called Bluff Knoll. We all had to hold a massive rope named Veronica which was around 100kg. The hike took 6 hours and we had to keep hold of it the whole time. We made it all the way up Bluff Knoll, and on the way down some of us were starting to give up but we had to work as a group to get the job done.

Hunter, Bailey and Alyssa

Food Food Food! On the first night me and my group had steak. On camp, every group made their own awesome meal. There were lots of great meals cooked, including, nachos, pizza pockets, stir fry's, pasta and burritos.

Ameila, Brooke, Holly and Jacob



YEAR 12 OUTDOOR EDUCATION EXPEDITION

In Week 6 of Term 3 the Year 12 Outdoor Education class conducted their final expedition. This took place on the south coast and involved Abseiling, Kayaking, Hiking and much more.

Bellow are a collection of words of wisdom and quotable quotes from students on the expedition. The final passage is a section of an Expedition Reflection that one of the students completed. This passage represents the type of experiences that happen on these expeditions.

It has been my privilege this year to teach this amazing bunch of young adults and I wish them the very best with whatever comes next.

- Mr Stevens

Calais - If you find a path with no obstacles, it probably doesn't lead anywhere.

Djeynah - Hey Alexa, play 'Wake Me Up by' Wham.

Shakira - Just enjoy yourself before it's all over.

Antonia - Enjoy the ride life brings you and remember you can accomplish anything you put your mind to.

Min-may - You only live once....so get out of your comfort zone and live life to the fullest

Alyssa - Don't let others dictate your life and what your future accomplishments may be. Make your own future.

Owen - If you deserve it, it'll come.

The following is the passage from the students reflection. This is a great example of a young adult overcoming a barrier and fear that they thought was not possible. I have personally seen this barrier over the past 6 years and have seen how it had impacted their life. This moment on their final expedition is one of my favourite moments that I have witnessed.

"Before we went on this camp, I was telling myself that there was no way that I was going to abseil. It got to the day and I saw how big that rock was and I wasn't budging on my decision. I spent most of the day breaking at the bottom. It was near the end of the day and I had the option to get close to the edge. When I got to the edge, I didn't think I could do it, but I wanted to, so I put my fears aside and just did it. I knew that I could do it, I was just letting my fears get in the way.

After doing this I know that there is no point letting my fears take over. Now in the future I will be able to push past my fears and enjoy life to the fullest".





NEW UNIFORM OPTION

Our Students voted on a new school crew neck jumper last term.

They are now in stock at Hot Klobba for you to purchase.



School Service Changes



Term 1 2023

Services often change at the start of the school year. These changes include School Specials, as well as regular routes that service schools in the area.

These changes are made in order to offer the best possible service across the network.

Students intending to travel to school via public transport should:

- Check transperth.wa.gov.au for information. As services change, website information will be updated
- Plan your journey prior to the start of school. The JourneyPlanner will be updated with the new school services **two weeks prior to the start of school**. Remember to change the date in the JourneyPlanner to the first day of school
- Not every school will undergo changes, however all students should plan their journey before starting the new school year.

For Assistance:

transperth.wa.gov.au

Transperth InfoLine 13 62 13 (TIS: 13 14 50)

Hearing or speech impaired? Call via NRS 133 677



Public Transport
Authority

Transperth



Want \$500 to help you with school costs?

saverplus

Saver Plus is a financial education program for families and individuals on a tight budget to develop life-long savings habits.

To join Saver Plus, you must:

- ✓ Have a current Health Care or Pensioner Concession Card AND an eligible Centrelink payment*
- ✓ Be studying yourself OR have a child in school (can be starting school next year)
- ✓ Have regular income from work (either yourself or your partner)*
- ✓ Be 18+ years old

*Many types of income and Centrelink payments are eligible

Here are some of the school costs the \$500 can be used for:



For more information, please contact your local Saver Plus coordinator:

Jacqui Brooker

jacqueline.brooker@thesmithfamily.com.au

0418 663 585

Saver Plus is an initiative of the Brotherhood of St Laurence and ANZ and delivered in partnership with local community organisations. The program is funded by ANZ and the Australian Government Department of Social Services.

DELIVERED BY



everyone's family

Find out more at saverplus.org.au



The City of Rockingham

BREAK THROUGH

MUSIC COMPETITION 2022

HEAT 1
Sunday 6 November
 11am - 2pm
 Rockingham Youth Centre

HEAT 2
Sunday 13 November
 11am - 2pm
 Warnbro Shopping Centre

HEAT 3
Sunday 20 November
 11am - 2pm
 Stockland Baldivis

FINAL **Sunday 27 November, 11am - 2pm** | The Lookout, Rockingham Foreshore

You could be in the running for:

- Performance Opportunities
- Studio recording
- Photo shoot
- Cash prizes

For more information or to register online visit breakthrough@streethasslevents.com.au



RSL VETERANS' EMPLOYMENT PROGRAM PRESENTS

RSL Port Kennedy CAREER SUMMIT



Date: Thursday 1st December, 2022

Time: 9am - 1pm

Venue: RSL Port Kennedy

A free event connecting Veterans and their families with local employers that are looking to hire.

Veteran and ADF partners seeking work are encouraged to attend.

Make your move today!



Employers attending:

- Sparrows
- Schlumberger
- Naval Ship Building College
- Hitachi
- And more! Visit us online to find out.

Plus DVA, Legal Aid, Legacy and more.



Register at: rslwa.org.au/news-events/port-kennedy-careers-summit

FAMILY INFORMATION SHEET

Out walking

Pedestrians, along with cyclists and motorcyclists are often called 'vulnerable road users'. This is because of their lack of protection if hit by a vehicle.

Young people are especially vulnerable as they:

- often travel alone
- get easily distracted and are often inattentive when walking in groups
- may travel long distances to school, and to social and sporting events
- may be influenced by their friends to act unsafely
- walk while using their mobile phone or listening to music
- do not always give adequate time to check for traffic before attempting to cross the road
- may be starting to experiment with alcohol or other drugs.

Staying safe while out walking

Help your children to plan their walking routes. Suggest that they try to avoid heavy traffic areas and highlight locations where it is safe to cross roads such as crosswalks, traffic islands and traffic signals with pedestrian lights. Remind your children to always wait until traffic has completely stopped before stepping onto a crosswalk as some drivers do not always stop.

Check for traffic

Taking time to adequately check for traffic can be overlooked by children so remind them to always 'stop, look, listen and think' before they cross.

Highlight the dangers of walking while talking on mobile phones or listening to music through headphones

Young people like to listen to music and talk on their mobile phone, however these devices can distract their attention and block out traffic sounds that alert pedestrians to possible dangers. Encourage your children to not use these devices while out walking and to stay alert at all times.

Walking with friends

Help your children to choose a few excuses that can be used in situations where their friends encourage them to act unsafely. Using parents as an excuse is often a good ploy. 'I'm not going to do that. Mum will ground me if she finds out.'

Set a good example

Children watch their parents from a very young age. When you are out walking follow the road rules explaining to your children that you expect them to do the same.

Agree on a 'getting home safely' plan

Make sure your children know what to do if a situation arises where they feel unsafe or can't get home, especially after dark. For example, what should they do if they miss the bus or a pre-arranged lift doesn't arrive? Give your child two other numbers to call if they need help and put these in the contact list of their phone.

FOR SMARTER CHOICES