



## RECESS

Fruit Salad	\$4.00
Watermelon Cup	\$2.00
Apple Slinky	\$1.50
Carrot & Cucumber	\$2.00
Add Crackers and Hummus (GF)	<b>Add \$1.00</b>
Corn Cob	\$1.50
Pikelets x 3	\$2.00
Muffin	\$1.50
Hash Brown x 1	\$1.50
Chicken Nugget	50c
Chicken Tender (Plain or Chilli)	\$2.00
Half Toasty	\$1.50
Gluten Free Half Toasty (GF)	\$2.50
• Cheese	
• Vegemite	

## DAILY SPECIALS

### Monday

Lasagne	\$5.00
Spaghetti Bolognese	\$5.00

### Tuesday

Nachos	\$5.00
Tacos	\$5.00

### Wednesday

Hot Dog	\$5.00
Chicken Nuggets & Wedges	\$5.00

### Thursday

Butter Chicken & Rice	\$5.00
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### Friday – Pie Day! – All come with sauce.

Large Pie	\$5.50
Sausage Roll	\$5.00
Party Pies x 3	\$4.50
Party Sausage Roll x2	\$4.00
Plant Based Pie	\$5.50
Spinach & Ricotta Roll	\$5.00

## DAILY ITEMS

Mac & Cheese	\$4.50
Fried Rice GF	\$6.00
Lasagne	\$5.00
Hot Chicken and Mayo Roll	\$5.00
Chicken Sub	\$6.00
ADD Cheese	50c
Chicken Wraps	\$4.50Sm. \$6.00Lg.
• Sweet Chilli	
• Plain	
Bento Box – ½ sandwich, cheese & crackers, vegie sticks, hummus and fresh fruit	\$6.00
Hot Bento Box – ½ Cheese Pizza, Party Pie, Hash Brown, Nugget and a Corn Cob	\$6.00
Burgers	\$5.50
• Beef	
• Cheese	
• Chicken	
• Fish	
• Chicken Cheese w Tomato Sauce	\$6.00
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Pizza	\$5.00
• Cheese	
• Meatlovers	
• Cheese & Ham	
• Cheese, Ham & Pineapple	
Pizza <b>Gluten Free Base (GF)</b>	\$5.50
Toasty – Cheese	\$2.50 /GF \$3.50
Toasty – Vegemite	\$2.00 /GF \$3.00
Toasty – Ham & Cheese	\$4.50 /GF \$5.50
Filled Rolls/Sandwiches	\$5.00
• Ham & Salad	
• Chicken & Salad	
• Cheese & Salad	
Salad Box – Chicken or Ham	\$5.00
Comes with salad of your choosing	
ADD Egg	\$1.00
ADD Cheese	50c
Caesar Salad Box	\$6.00



## DRINKS

**Brownes Milk 300ml** **\$3.00**

- Chocolate
- Strawberry
- Banana
- Spearmint

**Juice Box** **\$3.00**

- Apple
- Apple & Blackcurrant
- Tropical
- Orange

**Chill J** **\$3.00**

- Watermelon
- Raspberry
- Grape
- Apple Coola

**Water** **\$2.50**

## ICECREAMS – LUNCH

**FroYo** **\$3.00**

**Moosie** **\$2.00**

**Vanilla Ice Cream Tub** **\$2.50**

**Sour Snap** **\$1.50**

**Icy Pole** **\$1.00**

Our menus are all in line with the Traffic Light System,  
providing three serves of salad.

We aim to cater for all food allergies and intolerances,  
you can let us know when ordering online or pop in  
and see us!

## GLUTEN FREE MENU

### RECESS

Fruit Salad	\$4.00
Watermelon Cup	\$2.00
Apple Slinky	\$1.50
Carrot & Cucumber	\$2.00
Add Crackers and Hummus	Add \$1.00
Corn Cob	\$1.50
Hash Brown x 1	\$1.50
Giant Choc Chip Cookie	\$4.00
Muffin – Apple & Cinnamon	\$1.50
Half Toasty	\$2.50
• Cheese	
• Vegemite	

### LUNCH

Mac and Cheese	\$6.00
Fried Rice	\$6.00
• Ham	
• Vegetarian	
Beef Lasagne	\$6.00
Butter Chicken	\$6.00
Nacho Dippers	\$6.00
Burger	\$6.00
• Beef	
• Cheese	
• Chicken	
Wrap	\$6.00
• Plain Chicken Tender	
• Fresh Chicken	
• Ham	
Toasted Sandwich	
• Cheese	\$3.50
• Ham and Cheese	\$5.50
Bento Box - ½ sandwich, cheese crackers, vegie sticks, hummus & fresh fruit	\$6.00
Pizza	\$5.50
• Cheese	
• Meatlovers	
• Ham & Cheese	
• Ham, Cheese & Pineapple	
Pie- Beef	\$7.00
Sausage Roll	\$7.00

Save time and download the Spriggy app